

Dans' Atout

COVID-19 Safety Policy & Protocol

Next season will look a little different. To ensure the health and safety of our students and faculty, we will follow guidelines outlined by the Quebec government – Public Health and CNESST. Dans' Atout has as well consulted with the relaunch strategies set forward by the RED (Réseau d'enseignement de la danse) and various Quebec sports Federation.

As we work together, here is what we would like you to know:

The Schedule & Classroom:

- We will be adjusting class durations to allow for disinfecting between classes. This means that though a class may show as 1 hour on the schedule, the last 10 minutes will be used for cleaning. If it's the last class of the day, we will clean after class. By registering, you accept that the shorter class lengths are acceptable to you during the time of this pandemic at no discounted price;
- Each classroom will have a grid pattern on the floor outlining each dancer's social distanced space.
- Washrooms will only be used to wash hands and for emergency toilet use in which case there is a disinfecting protocol to follow after each use of the washroom.
- Dancers will arrive wearing a MASK already dressed for dance class in their dance clothes under their street clothes;
- Parents will not be permitted inside the building for any reason except for the Kinderdance classes where the parent will be dancing with their child.
- During colder weather, students should arrive with minimal items such as boots and coat only. Please do not send hats, mitts, scarves etc... Dancers will have their own hanger on which to hang their coat and place in the classroom on the barre next to them. Boots will go on the boot rack.

Traffic Flow:

- Dancers will be permitted to enter the building not more than 10 minutes before their designated class time. Parents must pick up their dancers on time to avoid having too many dancers in the building.

- All students will enter through the 8604 (Studio D) door and exit through the main door;
- Arriving, students will line up outside the door keeping a safe 2 meter distance;
- Pre-screening will take place before entering the building (temperature check);
- Parents must wait until their child has been cleared to enter the building before the parent can leave;
- Hand sanitizing will be done before dancers enter the building;
- Students must enter the dance school with minimal personal items meaning only their clean indoor dance shoes and water bottle. Dance bags and water bottles will be placed inside the class around the perimeter. Weather permitting; parents will keep the student's jackets and sweaters with them in the car;
- When class is over students will line up at the exit door, using social distancing. Parents will come to the exterior door and ask for their child.
- If the child has a break they may sit on an X in the waiting area with a mask on and wait for their next class. They are not permitted to wander around. They must stay in one spot so that it can easily be disinfected once they return to class.

In the event someone contracts the virus

- We will follow the procedures and guidelines set by Public Health
- If you or your child has any symptoms you must call 811 for the proper protocol.

Here is what we will do in the studio to keep students safe:

- Staff will not report to work if they do not feel well or if they had contact with a known or suspected case of COVID-19;
- We have installed no touch soap dispensers and numerous hand sanitizing stations. We will wash and sanitize our hands often;
- We will wear masks or visors when circulating. Currently all sporting activities (including dance) are permitted to occur without masks if everyone is socially distanced.
- We will sanitize all common touchpoints between each class;
- We will supervise arrival and dismissal of students;
- We will NOT use any props in classes such as balls, ribbons etc...;
- No unnecessary body contact (e.g. hugs, high five etc.);
- Teachers will not manually correct students; they will describe corrections verbally;
- Teachers will adapt their exercises and choreographies to try avoid using the floor and major movements outside of their dance grid;
- If floor work is done (abs, stretching, etc...) we will ask dancers ahead of time to bring a disinfected yoga mat or towel from home and wash it after class.
- If a class does floor work and does not use mats, the floors will be disinfected between classes;

-The entire premise will be thoroughly disinfected each night;

Here's what we need parents and students to do:

-Parents are to wait in cars, or leave during class as the waiting room will not be available;

-Students will be allowed to enter the building 10 minutes before class, not more;

-All students must wear a mask upon entering Dans'Atout and at all times in the common areas where the 2 meter distance may not be possible to be respected. Dancers can remove the mask to dance, once they are in their designated square;

-Please be on time to pick up your dancer as we have very limited capacity in the building;

-Students must not come to class if within the last 14 days they have had contact with a known or suspected case of COVID-19. They are also not permitted to come to class with a cough, sore throat or any other flu or cold like symptom. If they are not feeling well, they must stay home;

-Dancers aged 5 and up must be comfortable and independent enough to come into the school without their parents because we do not have enough room in our entrance area and change room to keep adults socially distanced. This excludes "Kinderdance" classes who can enter with their parents as they will dance with them. Teachers and assistants will supervise young dancers getting ready for class;

-Students must already be dressed in their dance clothes and are to only bring their required change of shoes and a water bottle to class. While the weather permits, all outer wear (sweaters, pants, jackets) are to be left with parent at the door;

-All dancers are asked to bring a small Ziploc type bag to put their mask in if they take it off to dance;

-Bare feet are prohibited (except for Acro classes), all dancers must wear socks or clean indoor dance shoes;

-For Acro dance, once the child is on their designated mat, they can remove their socks and feet must be sanitized. Before leaving the mat, the socks must be put back on;

-Students are asked to go to the bathroom at home before coming into the studio. Bathrooms should be reserved for emergency toilet needs;

-Students and parents are encouraged to wipe all items with sanitizer wipes e.g. shoes, water bottle, before & after coming to the studio;

-Please "Name" all items being brought to the studio as there will be no lost and found.